FREE FAMILY ACTIVITY PACK · AGES 2–5

Thankful Hearts

Simple gratitude activities to share at home



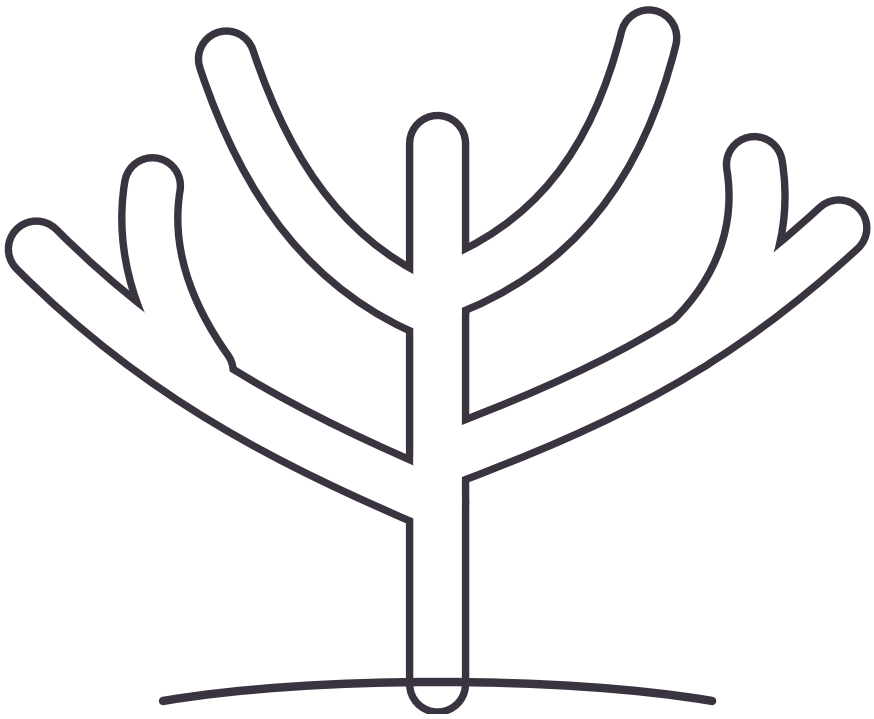
- **Family Gratitude Tree**
- **Thankful Treasure Hunt**
- **Thank-You Cards for Helpers**
- **Gratitude Jar & Bedtime Chart**

Print the pages, grab some crayons and glue, and do one activity a day. No special supplies needed!

ACTIVITY 1

Our Family Gratitude Tree

Grown-ups: Color the tree together. Cut out the leaves. Each night, help your child draw (or "write") one thing they're thankful for on a leaf and glue it to a branch.



✂ cut out the leaves

I'm thankful for

I'm thankful for

I'm thankful for

I'm thankful for

I'm thankful for

I'm thankful for

I'm thankful for

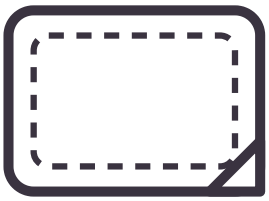
I'm thankful for

Need more leaves? Trace one on any paper!

ACTIVITY 2

Thankful Treasure Hunt

Grown-ups: Walk around the house together. When your child finds something, color it in and check the box. Then ask, *"Why are you thankful for it?"*



☐ **A cozy blanket**



☐ **My family**



☐ **A favorite toy**



☐ **Yummy food**



☐ **Our home**



☐ **A pet or animal friend**



☐ **Sunshine**



☐ **A good book**



☐ **Someone who loves me**

ACTIVITY 3

Thank-You Cards for Helpers

Grown-ups: Cut out a card. Your child colors it and draws a picture for a helper: a mail carrier, grandparent, firefighter, police officer or teacher. Deliver it together so they can see the smile!

♡ THANK YOU! ♡

Draw a picture for your helper

To:

Thank you for

Love,

✂

You make our world brighter!

Draw your helper here

To:

You help by

Love,

ACTIVITY 4

Gratitude Jar & Bedtime Thanks

Every "thank you" counts! Color one circle each time someone in the family says thank you. When the jar is full, celebrate with a family movie night.



Bedtime thank-you: Before lights out, take turns naming one good thing from today. Draw or write it here.

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Come see our gratitude trees in person!

Book a tour:
earlystepslearningcenter.com/schedule-a-tour

Wickliffe
1601 Drenik Dr · (440) 585-4500
Richmond Heights
27027 Chardon Rd · (440) 944-2223